



UCI Learning and Academic Resource Center

Efficient Study Planning



REMEMBER

- ◆ You can do this!
- ◆ Your life is in your hands, and your planner.
- ◆ There are resources/people on campus to help you make the most of your time here.



Tips!

- ◆ Use tools like Google Calendar, Antplanner, and Epicwin.
- ◆ Use resources like office hours to maximize productivity.



Learn Better and Do More by Being Efficient

Steps:

- 1) Be proactive: Take control of your education!
- 2) Set goals: Write out exactly what you want to accomplish.
- 3) Make a plan: Figure out the how and when.
- 4) Keep the plan in your face: Use it and work it!
- 5) Reward yourself: You stuck to it; treat yourself!

Before, During, and After

- By doing things before, during, and after, you split up the work you need to do to understand course material into thirds.
- Example of this for lecture:
 - a. Before= doing the reading for the lecture/reading the lecture notes and writing down questions.
 - b. During= listening for the answers to your questions and writing down more questions.
 - c. After=reviewing what you learned and making a study tool out of it for later.