REMEMBER

- You can do this!
- Your life is in your hands, and your planner.
- There are resources/people on campus to help you make the most of your time here.

Learn Better and Do More by Being Efficient

Steps:
1) Be proactive: Take control of your education!
2) Set goals: Write out exactly what you want to accomplish.
3) Make a plan: Figure out the how and when.
4) Keep the plan in your face: Use it and work it!
5) Reward yourself: You stuck to it; treat yourself!

Tips!
- Use tools like Google Calendar, Antplanner, and Epicwin.
- Use resources like office hours to maximize productivity.

Before, During, and After
- By doing things before, during, and after, you split up the work you need to do to understand course material into thirds.
  - Example of this for lecture:
    a. Before= doing the reading for the lecture/reading the lecture notes and writing down questions.
    b. During= listening for the answers to your questions and writing down more questions.
    c. After= reviewing what you learned and making a study tool out of it for later.